



# Healthier Babies

## *Breastfeeding*

You have the natural ability to reduce infection, increase IQ and provide the best nutrition and physical comfort for your baby. Your gift of breast milk is all it takes.

Call the **Breastchoice Mother's Support Group** at 612-FEEDBABY (612-333-3222).



**Sponsors:**  
The League of Catholic Women  
Allina Foundation

**Partners:**  
Hennepin County WIC Program  
Pilot City Health Center  
North Memorial Medical Center  
Northside Family Connections  
Hennepin County Medical Center  
University Family Physicians/North Memorial Clinic